

WABDL® - SCHEDULE OF MEETS – 2012

ALL SANCTIONED MEETS ARE BENCH PRESS AND DEAD LIFT ONLY.

THE FIRST AND SECOND PLACE WINNERS OF THE 2011 WORLD CHAMPIONSHIPS IN RENO NV, AUTOMATICALLY QUALIFY FOR THE 2012 WORLD CHAMPIONSHIPS. ALL OTHER LIFTERS WILL NEED TO QUALIFY AT ONE OF THE FOLLOWING WABDL® - SANCTIONED MEETS.

Date	Meet	Location	Contact
<u>February 11</u> #287	WABDL®- Central U.S. Bench Press and Dead Lift Championships	Holiday Inn Jonesboro, AR	Al Stork 207-356-9946
<u>February 18</u> #288	WABDL®- Winter Classic	DoubleTree Hotel Orlando, FL	Al Stork 207-356-9946
<u>February 18</u> #289	WABDL®- Texas State Bench Press and Dead Lift Championships	Houston, TX	Tiny Meeker 832-423-7662
<u>February 25</u> #290	WABDL®- East Coast Bench Press and Dead Lift Championships	Liberty University Lynchburg, VA	Al Stork 207-356-9946
<u>March 10</u> #292	WABDL®- Nevada State Bench Press and Dead Lift Championships	Nugget Hotel & Casino Pahrump, NV	Gary Miller 775-209-4916
<u>March 17</u> #293	WABDL®- California State Bench Press and Dead Lift Championships	Holiday Inn Chico, CA	Gus Rethwisch 503-901-1622
<u>March 24</u> #294	WABDL®- North American Bench Press and Dead Lift Championships	Shilo Inn Airport Portland, OR	Gus Rethwisch 503-901-1622
<u>March 31</u> #295	WABDL®- Montana State Bench Press and Dead Lift Championships	Ruby's Inn Missoula, MT	Gus Rethwisch 503-901-1622
<u>April 14</u> #297	WABDL®- World Cup Bench Press and Dead Lift Championships	Chula Vista Resort Wisconsin Dells, WI	Gus Rethwisch 503-901-1622
<u>April 21</u> #296	WABDL®- National High School and National Collegiate Bench Press and Dead Lift Championships	Humble, TX	Dr. John Hudson 217-377-4640
<u>April 21</u> #298	WABDL®- Florida State Bench Press and Dead Lift Championships	All American Gym Lakeland, FL <i>(no world records because no kilo set available)</i>	Ken Snell 863-687-6268
<u>May 12</u> #299	WABDL®- Buckeye Hall of Fame Classic	The McKinley Grand Hotel Canton, OH	Don Miskinis 216-272-9409
<u>May 19</u> #314	Houston Open Bench Press and Dead Lift Championships	Monster Gym Kingwood, TX	Tiny Meeker 832-423-7662
<u>June 2</u> #300	WABDL®- Northwest Regional Bench Press and Dead Lift Championships	Ramada Inn Medford, OR	Dan Guches 541-890-3258 or Sam Pecktol 541-690-4165
<u>June 2</u> #301	WABDL®- National Push-Pull Championships	Sheraton Crescent Phoenix, AZ	Gus Rethwisch 503-901-1622
<u>June 9</u> #302	WABDL®- Rocky Mountain Regional Bench Press and Dead Lift Championships	Hampton Inn Salt Lake City, UT	Gus Rethwisch 503-901-1622
<u>June 16</u> #303	WABDL®- National Bench Press and Dead Lift Championships	Fireside Inn and Suites Portland, ME	Al Stork 207-356-9946

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<u>June 16</u> #304	WABDL® - Great Northern Bench Press and Dead Lift Championships	Red Lion Hotel Olympia, WA	Gus Rethwisch 503-901-1622
<u>June 30</u> #305	WABDL® - Southern National Bench Press and Dead Lift Championships	Sheraton Downtown Hotel Birmingham, AL	Al Stork 207-356-9946
<u>July 1</u> #306	Sonny's 8 th Annual WABDL Push-Pull Championships	Hawaii Convention Center Honolulu, HI	Mike Saito – meet issues 808-221-0129 Jocelyn Ronolo – entry issues 808-387-8776
<u>July 14</u> #307	WABDL® -- Midwest Regional Bench Press and Dead Lift Championships	Marriott Hotel Minneapolis, MN	Gus Rethwisch 503-901-1622
<u>July 28</u> #308	WABDL® - Southwest Regional Bench Press and Dead Lift Championships	Sterling Hotel Dallas, TX	Alex Calvo 817-403-3525
<u>July 28</u> #309	WABDL® - Great Lakes Regional Bench Press and Dead Lift Championships	Causeway Bay Hotel (formerly Holiday Inn) Lansing, MI	Al Stork 207-356-9946
<u>August 4</u> #310	WABDL® -West Coast Bench Press and Dead Lift Championships	Marriott Hotel Rancho Cordova, (Sacramento) CA	Gus Rethwisch 503-901-1622
<u>August 11</u> #313	WABDL® Bench Press and Dead Lift Championships	Downing' Gym Corvallis, OR	Peter Martin 541-990-3675
<u>August 25</u> #311	WABDL® Tom Foley Bench Press and Dead Lift Classic	Premier Fitness Nanuet, NY (New York City area)	Brian Fahrenfeld (201) 463-5250 brianf@premierfitnessny.com
<u>November 13-18</u> #312	WABDL® - World Bench Press and Dead Lift Championships	Bally's/Paris Hotel Las Vegas, NV	Gus Rethwisch 503-901-1622