

## TEAM ROSTER - WORLDS

TEAM NAME: \_\_\_\_\_ CAPTAIN: \_\_\_\_\_ CONTACT #: \_\_\_\_\_

YOU MAY HAVE **15 MEMBERS ON YOUR TEAM AND TWO ALTERNATES**. ONE PERSON MAY LIFT IN THE DEAD LIFT AND ALSO IN THE BENCH PRESS; BUT (S)HE MAY NOT REPRESENT THE TEAM IN TWO DEAD LIFTS OR TWO BENCH PRESSES. **YOU MAY HAVE 8 BENCHERS AND 7 DEAD LIFTERS OR 8 DEAD LIFTERS AND 7 BENCHERS, OR 9 AND 6, 10 AND 5, BUT NOT 11 AND 4.** THE MINIMUM NUMBER FOR A TEAM IS 8 LIFTERS (7 DOING BOTH DEAD AND BENCH AND ONE DOING EITHER BENCH OR DEAD.) **ALL LIFTERS MUST BE FROM THE SAME STATE OR GYM OR COUNTRY. CHECK THE ENTRY FOR DUE DATE FOR TEAM ROSTER AND FEE** ROSTERS MUST BE VERIFIED (**NOT CHANGED**) BEFORE THE OPENING SESSION OF THE CONTEST WITH THE WABDL SECRETARY AT [WABDL@BENDBROADBAND.COM](mailto:WABDL@BENDBROADBAND.COM) OR (541) 617-1949 TELEPHONE OR (541) 312-3625 FAX. **NO CHANGES MAY BE MADE AFTER VERIFICATION UNLESS THE DIRECTOR OR SECRETARY HAS ENTERED SOMETHING INCORRECTLY FROM THE ORIGINAL ROSTER OR UNLESS THERE IS A "NO SHOW" OR AN INJURY OF A TEAM MEMBER!!! TEAM ENTRIES WILL NOT BE ACCEPTED AT THE MEET OR AT WEIGH-INS!** SCORING IS AS FOLLOWS:

1ST = 20, 2ND = 16, 3RD = 12, 4TH = 10, 5TH = 8, AND 6TH = 5.

THERE WILL BE BONUS POINTS FOR NUMBER OF LIFTERS IN THE DIVISIONS, AND FOR RECORDS SET. THESE WILL BE USED AS TIE BREAKERS.

TEAM MEMBER (PLEASE PRINT)	DIVISION	WT. CLASS	CATEGORY (B OR D)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
ALTERNATE 1			
ALTERNATE 2			